Obsessive-compulsive Disorder Theory Research and Treatment

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Until 20 years ago, obsessive compulsive disorder (OCD) was considered to be a relatively rare condition. It is now recognised that OCD is not only extremely common, but is one of the most handicapping of all mental health problems and, indeed, has a place in the top disorders in the WHO Global Burden of Disease League Table.

Mental Health Practice. 5, 10, 29-29. doi: 10.7748/mhp.5.10.29.s22
Essentially, it suggests that schizophrenia has been pivotal in shaping the major creations and inventions in human kind - as well as shaping religious developments and movements - among other things. It talks about the links between genius and schizophrenia, drawing upon case studies, extrapolation, and research to support his theory that without schizophrenia, our world would not be the wonderful - and horrifying - place that it is today. This volume presents an argument which aims to fundamentally alter our view of the roots of humanity and answer questions of how a species of clever ape evolved into something different.

The question is: what could have caused this abrupt change? Well, here is a suggestion to wet your socks: the first humans were schizophrenic.