

Learning how to learn: applied theory for adults

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Abstract:

Most adults do not know how to learn properly irrespective of their level of education. In this volume the author provides both a theoretical and practical model of learning how to learn. The author then looks at the understandings and skills required to take advantage of educational opportunities and how one might learn in different situations. The final part of the book is aimed at adult educators and trainers who wish to use the concept of learning how to learn in their own practice. Practical exercises are also given.

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By understanding and applying Adult Learning Principles, Instructional Designers can create the right engagement quotient in eLearning courses. In this blog, I share an overview of Adult Learning Theory and its principles and outline the theory's application in Instructional Design. I also share four Instructional strategies that are relevant to adult learners and wrap up with a few 'dos' and 'don'ts' you need to consider while designing eLearning solutions for adults. Want more insights on Adult Learning Theory an how to use it to design eLearning courses? Schedule a call with our Solutions Architecting Team today. Additionally, you can take our online course on Adult Learning Principles, one of the 15 Instructional Design courses from the first suite of our 'InSight' product line. Adult learning theories are not just a collection of jargons, concepts, and ideas about how adults learn. These theories help you plan your course during conception, development, and execution, in a way that will facilitate the learning process. Here are four reasons why ID folks MUST know about adult learning theories: To create relevance by mapping courses with perceived learner needs. Willingness: For adults, the willingness or readiness to learn comes from perceiving the relevance of the knowledge. They want to know how learning will help them better their lives, and they learn best when they know that the knowledge has immediate value for them. Foundation or Experience: Adults bring with them rich reserves of experiences that form the foundation of their learning.