

# the function of upstanding activities in adult patients with acquired lesions of the central nervous system by using the Bobath concept approach-a case report

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## Optimizing the Function of Upstanding Activities in Adult Patients with Acquired Lesions of the Central Nervous System by Using the Bobath Concept Approach – A Case Report

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### Sažetak

Nonspecific medical gymnastic therapy may help patients after stroke achieve certain results in terms of efficiency but not in terms of quality of movement. The goal of treatment by Bobath concept is development of movement (effectiveness) and optimization of movement (efficiency). This article presents the case of a 62-year old patient who had experienced a stroke and has difficulties with standing up activities. It underscores the importance of not only recovery of function but also optimization of the function in such patients.

### Ključne riječi

[normal movement](#); [bobath concept](#); [optimization of function](#)

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2. Bobath, Karel. 3. Central Nervous System Diseases— rehabilitation. 4. Physical Therapy Modalities. 5. Rehabilitation—methods. 7. vi Basis for clinical reasoning 52 Illustrating clinical reasoning using the Bobath Concept 53 Summary 57 References 61 4. Practice Evaluation 64 Helen Lindfield and Debbie Strang Introduction 64 Evaluation in the context of the International Classification of Function, Disability and Health 65 Factors influencing measurement selection 66 Measurement properties 68 Measures 70 Summary 78 References 79 5. Moving Between Sitting and. The Bobath Concept, what is more, has helped to remind us that the patient requiring neurorehabilitation is not just a nervous In short, the Bobath Concept lies at the heart of an approach Foreword \*