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Sects and Violence: Development of an Inclusive Taxonomy to Hermeneutically Explore the Histo-philosophical Motivators for the Inception and Development of the Martial Art, Wing Chun Kuen.

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Buckler, Scott (2010) *Sects and Violence: Development of an Inclusive Taxonomy to Hermeneutically Explore the Histo-philosophical Motivators for the Inception and Development of the Martial Art, Wing Chun Kuen*. PhD thesis, Coventry University in collaboration with the University of Worcester.



PDF

Buckler,_S.R..pdf - Accepted Version

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Abstract

Martial arts participation rates exceed those reported for a number of higher-profile physical activities (Sport England, 2002), however little research has been conducted to investigate the purported motivation and benefits participants derive (e.g. Jones, McKay and Peters, 2006; Ko, Kim and Valacich, 2010). A specific area often discussed is the notion of personal growth (Ko et al., 2010), either through a form of psychotherapy (e.g. Monahan, 2007), extenuating what may be deemed positive personality attributes (e.g. Kurian, Caterion and Kulhavy, 1993), lowering depression (e.g. Bodin and Martinsen, 2004), reducing aggression (e.g. Twemlow, Sacco and Fonagy, 2008) or reducing stress (e.g. Yan and Downing, 1998). Such personal growth is deemed to be transformatory in nature (e.g. Lancaster, 2004; Luskin, 2004; Hartelius, Caplan and Rardin, 2007). Due to issues of generalisability within martial arts research (e.g. Jones et al., 2006), one style which has lacked a tradition of academic research has been selected for a case study. Wing Chun is a unique style, developing exponentially over the past forty years: a style which retains its fighting heritage, utilising exclusive training methods (e.g. Rawcliffe, 2003). Given the pragmatic nature of Wing Chun, an hermeneutic approach has been adopted to investigate the histo-philosophical motivation for the inception of the style to provide a context from which to explore current participant motivation. Initially, an inclusive theoretical taxonomy has been developed for subsequent analysis. This hermeneutic analysis has been conducted through the development of a 360 degree mixed-methodological approach (e.g. Tashakkori and Teddlie, 2008) utilising exploratory and explanatory stages (e.g. Creswell and Plano-Clark, 2007) to ascertain the validity of the taxonomy. Findings are subsequently discussed in relation to the mixed-methodological approach. From the taxonomy, a proposal is that an inherent link exists between the development of a better fighter and a better person while implying that the martial arts are a person-centred transformatory practice.

Item Type: Thesis (PhD)

Additional Information: A thesis submitted in partial fulfilment of the University's requirements for the Degree of Doctor of Philosophy.

Uncontrolled Keywords: martial arts, Wing Chun Kuen, motivation, personal growth, physical activity

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A taxonomy of literature reviews in education and psychology is presented. The taxonomy categorizes reviews according to: (a) focus; (b) goal; (c) perspective; (d) coverage; (e) organization; and (f) audience. The seven winners of the American Educational Research Association's Research Review Award are used to illustrate the taxonomy's categories. Data on the reliability of taxonomy codings when applied by readers is presented. Results of a survey of review authors provides baseline data on how frequently different types of reviews appear in the education and psychology literature. How the ta... Raising punch • Kuen Siu Kuen - Punch to punch exercise; Fist Parries Fist; The core manefestation of the Wing Chun idea of Linked Attack and Defence, as the striking hand also Blocks. • Kuen To - Any hand form • Kiu - Bridge or forearm • Kiu Li - Distance to the bridge • Kiu Sau - Arm bridge • Koo Sang-Gu Sheng • Koo Siu-Lung-Gu Zhaolong • Kum Na/La - Seizing and Holding; Joint locking techniques • Kum La Chi Sau - Joint locking techniques applied in chi sau • Kung Fu - Effort; Time and energy used to master something or some skill • Kwak Sau Esperanto In some heavily multilingual areas of the world, most people learn a lingua franca - a regional trade language in addition to their mother tongue. But when someone proposes English or French say, as a trade language, objections inevitably arise. These languages are notoriously difficult to learn with strange spellings and numerous grammatical rules and exceptions. But more importantly, they're loaded with historical and cultural baggage. The only hope for a truly universal language would seem to he an artificial one a language that is designed to be free from cultural biases and easy